Six Strategies for Effective Learning

In this series, we provide information so students can learn how to study using...

All of these strategies have supporting evidence from cognitive psychology. For each strategy, we explain how to do it, some points to consider, and where to find more information.
LEARN TO STUDY USING...

Elaboration

EXPLAIN AND DESCRIBE IDEAS WITH MANY DETAILS
Ask yourself questions while you are studying about how things work and why, and then find the answers in your class materials and discuss them with your classmates.
As you elaborate, make connections between different ideas to explain how they work together. Take two ideas and think of ways they are similar and different.
Describe how the ideas you are studying apply to your own experiences or memories. As you go through your day, make connections to the ideas you are learning in class.
Make sure the way you are explaining and describing an idea is accurate. Don’t overextend the elaborations, and always check your class materials or ask your teacher.
HOLD ON!

Work your way up so that you can describe and explain without looking at your class materials.
Elaboration

Read more about elaboration as a study strategy

- Use elaborative interrogation
  [Website](http://www.learningscientists.org/blog/2016/7/7-1)

- Elaboration and Active Learning
  [Website](http://www.learningscientists.org/blog/2016/9/8-1)


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